

## **Definition of Sexual Assault**

Any sexual act committed or attempted against a person's will. This includes forced sexual contact by spouses, family members, dates, acquaintances or strangers.

## **Helping Yourself to Stay Safe**

Believe that you have the right to set your own body limits.

Communicate your limits in an assertive manner.

Be direct and firm about what you do and do not want.

Be aware of behaviors that may be a warning sign of abusive attitudes or behaviors.

Plan ahead, give yourself plenty of options, and trust your instincts.

## **Reporting or Not**

You have the right to decide whether or not you want to report a rape.

We will provide you with current factual information so that you can make an informed decision about reporting.

We will support your decision, whether you decide to report or not.

**Bay Area Women Against Rape**, the Nation's first rape crisis center, was formed in 1971 to provide 24-hour comprehensive services

for **ALL SURVIVORS** of

sexual assault

& their significant others-

whatever your gender,

sexual orientation,

or ethnicity-

whether you were assaulted

as an adult,

or as a child-

**BAWAR IS HERE TO SUPPORT YOU.**



**bawar**  
bay area women against rape

**All Services Confidential & Free**

**Crisis hotline; in-person counseling;**

**hospital, police, courtroom**

**accompaniment; referrals;**

**community presentations,**

**education & outreach.**

## **Contact Us:**

Bay Area Women Against Rape  
470 27th St., Oakland, CA 94612

Office: (510) 430-1298

M-F 9am-5pm

Fax: (510) 430-2579

[www.bawar.org](http://www.bawar.org)

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bay area women against rape

**Bay Area**

**Women**

**Against**

**Rape**

**24-hour  
CRISIS**

**HOTLINE**

**(510) 845-7273**

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For information,  
referrals, or services  
please call BAWAR's office:  
(510) 430-1298



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# Programs

## Facts & Statistics

- Every 2 minutes, someone in the U.S. is sexually assaulted.
- Each year, there are about 207,750 survivors of sexual assault.
- 1 out of 5 women have been victims of an attempted or completed rape.
- 10% of sexual assault victims are men.
- 44% of rape victims are under age 18, and 15% are under age 12.
- Youths 12-17 are two to three times more likely to be sexually assaulted than an adult.
- 73% of rape victims know their assailant.

*Anyone can be a victim of sexual assault.*

*\*BAWAR depends on the financial support of the community we serve. Any donation is greatly appreciated, including office supplies & professional services. All donations are tax deductible.*

## SART:

### Sexual Assault Response Team

BAWAR's State Certified Rape Crisis Counselors provide in-person support and advocacy to any survivor of sexual assault/human trafficking and their significant others during the medical/forensic exam, police interviews and legal proceedings. Collaboration with hospital staff and law enforcement ensures survivors receive sensitive, high quality care and resources necessary to make informed decisions on their road to recovery. Services are available in Spanish and English. Other languages may be available.

### Latina Outreach Program

In recognition of the growing Latino population in our community, BAWAR is proud to be the first rape crisis center in Northern California to provide comprehensive sexual assault services to our Spanish speaking residents and immigrants.

### State Certified Rape Crisis Counselor

#### Training for Volunteers

Volunteers are the heart of our agency. We provide a California State Certified Rape Crisis Training program for our volunteer advocates. Certified advocates answer hotline calls, respond to hospitals and police departments, support survivors through the legal and medical system, and present community education programs. Female and male volunteers are needed.

Trainings are available in Spanish and English. Volunteers are also needed for the Board of Directors and fundraising.

### In-person Counseling and Support Groups

Free and confidential counseling is available with certified rape crisis counselors for sexual assault survivors and their significant others. Counseling can help with crisis stabilization and help the survivor to explore available options. Counseling sessions are available in English and Spanish.

## SEM:

### Sexually Exploited Minors Program

In response to the alarming increase of sexually exploited minors in Alameda County, BAWAR implemented a program to address the needs of commercially sexually exploited children (CSEC). Our goal is to support and advocate for children who are at-risk for or have been sexually and/or commercially exploited. We offer immediate crisis stabilization and advocacy to help bring a voice to victims who are living in day-to-day, ever increasing trauma. English and Spanish speaking advocates are available.

### Community Education & Outreach

BAWAR provides education to the community in an effort to increase the awareness of and sensitivity to sexual assault issues. Programs focus on the realities of sexual violence, building healthy relationships, skill building, and how to be an effective bystander. Programs are offered to Jr. and Sr. high schools and colleges. Professional trainings are also available for law enforcement, clergy, therapists, etc. Presentations are available in English and Spanish.